

Pause now

NICK LEFORCE

Pause now, long enough to turn your attention
to the quiet underneath the noise of the world;
to listen to the whispered secrets of your soul,
to return to what lives at your core

and to embrace, once again, the unspoken
and unbroken vows of the heart.

Pause now, long enough to drop the effort
to patch up the torn and tattered edges of your life,
to let what is incomplete in you be
not your prison walls but your gateway
to all that is yet to come.

Pause now, long enough to let your breath
be waves of the infinite flowing in and out
until you arrive, at last, at the place
where all questions end and you, yourself,
become endless...

Create space
and connect in

charlie lyons
mobile: 07943 867529
email: charlie@connectin.me.uk
web: connectin.me.uk